36 Food

Aim

To teach some basic food vocabulary, plus food words encountered on a simple

restaurant menu.

Preparation

Copy the handout on page 119 – one copy per student.

Introduction (5 minutes)

Introduce the subject by talking a little bit about food and the things you like eating. For example: I love eating – especially bananas and ice cream. Bananas are my favourite fruit. Well, I like apples too. And I really like cooking. Last night, for example, I made spaghetti followed by apple pie and custard. What about you? What things do you like eating?

Then write the following drill on the board:

A: I like ... (apples)

B: Yes, so do I.

or Oh, I don't. But I like ... (bananas)

Practise it with one or two students so they understand the pattern. Then let them practise in pairs, using any food words they already know.

Presentation 1 (15 minutes)

Activity A Give students a copy of the handout. Explain that they have to put six words in each group. Let them work in pairs. Check orally. (You may have to explain some of the meat words by drawing or miming the animals.)

Practice 1 (5 minutes)

This is a game for pairs. One student turns over his/her handout. The other student then says a word, for example banana. The first student answers as quickly as possible with one of the following: It's a fruit / a vegetable / a drink / a type of meat / a type of fish or seafood.

Write the possible responses on the board to help them. Demonstrate first with the whole class, then let the students practise. After about 2 minutes, tell them to change roles and do it again. Stop everyone after 5 minutes.

Presentation 2 (15 minutes)

Activity B Ask students to look at the simple menu. Go through it to make sure that the students understand each word. Also write on the board the following phrases, useful when ordering in a restaurant:

What would you like ...

to start with? for the main course? for dessert? to drink? I'd like ...

Could I have the bill, please? Go through the above chorally. Then demonstrate with one or two students. (You play the waiter/waitress.)

Practice 2 (10 minutes)

The students now work in pairs to act out the roleplay. They take it in turns to be the customer and the waiter/waitress.

Conclusion (5 minutes)

Divide the class into groups of four. Tell them to write the numbers 1–6 on a piece of paper. One person will write for the whole group. Read out the following, allowing students time to write down their answers.

- *Name a fruit beginning with the letter g.*
- 2 Name a vegetable beginning with the letter c.
- 3 Name a fish beginning with the letter s.
- 4 Name a drink beginning with the letter w.
- 5 *Name another fruit beginning with the letter m.*
- 6 Name another vegetable beginning with the letter o.

Check orally. Give 1 point for each correct answer. How many teams got 6 points?

Homework

The students use a dictionary to find out the names of three more fruits, vegetables and fish or seafood. (You can compare words in the next lesson.)

Key

A fruits: apple, banana, grapes, melon, orange, pear vegetables: cabbage, carrot, cauliflower, onion, peas, potatoes

meat: beef, chicken, ham, lamb, pork, veal fish and seafood: cod, crab, lobster, mussels, prawns, salmon

drinks: beer, coffee, Coke, tea, water, wine

Conclusion

Although you are really expecting answers based on the words learnt during the lesson, allow other words the students may know.

1 grapes 2 cabbage/carrot/cauliflower 3 salmon 4 water/wine 5 melon 6 onion



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A Put the words in the correct groups. The first word in each group has already been done.

apple banana beef beer cabbage carrot cauliflower chicken cod coffee Coke crab grapes ham lamb lobster melon mussels onion orange pear peas pork potatoes prawns salmon tea veal water wine

fruits	apple	
vegetables	cabbage	
meat	beef	
fish/seafood	cod	
drinks	beer	

R

The Gateway Restaurant
3-course meal £15 per person (drinks not included)

Starters

onion soup prawn cocktail fresh melon smoked salmon

Main courses

spaghetti

roast beef

roast lamb

roast chicken

fresh cod

Vegetables

potatoes

French fries

peas

cauliflower

carrots

rice

Desserts

ice cream (chocolate, vanilla, strawberry)

cheese and biscuits

apple pie and custard

chocolate gateau

To drink (per glass)

soft drinks £1.50

(Coke, orange juice)

beer £2.50

mineral water £1.50

wine (red, white) £3